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TUSCANY

REAL

BURGER 'N'

PIZZA CO.

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| GARLIC BREAD | £3.15 |
| TOMATO AND OREGANO BREAD | £3.15 |
| GARLIC BREAD WITH MOZZARELLA CHEESE | £3.75 |
| CARAMELISED ONION GARLIC BREAD | £3.95 |
| OLIVES | £3.15 |
| SOUP OF THE DAY | £4.00 |
| GARLIC PRAWNS - SMALL 4 PRAWNS/LARGE 6 PRAWNS | £7.95/11.95 |
| DEEP FRIED MOZZARELLA CHEESE WITH A BALSAMIC DIP | £4.50 |
| BUFFALO CHICKEN WINGS WITH BBQ DIP | £4.95 |

PASTA WITH FRESH ITALIAN SAUCES

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|---|-------|
| POMODORO | £6.50 |
| SUPERB TOMATO SAUCE WITH FRESH BASIL | |
| ARRABIATTA | £6.95 |
| SPICY TOMATO SAUCE WITH GARLIC AND FRESH CHILLI | |
| BOLOGNESE | £7.95 |
| 100% PURE GROUND BEEF WITH TOMATO, ONION, GARLIC, MUSHROOM | |
| CARBONARA | £7.95 |
| DOUBLE CREAM, PANCETTA BACON, EGG, MUSHROOM, ONION | |
| DI MARE | £9.95 |
| PRAWNS, MUSSELS, CLAMS, TUNA, FRESH TOMATO, OLIVE OIL, CHILLI, GARLIC, ONION | |
| LASAGNE AL FORNO | £8.75 |
| LAYERS OF PASTA FILLED WITH RICH BEEF TOMATO & CREAM SAUCE | |
| CANNELONI CON SPINACTI | £8.75 |
| BAKED PASTA TUBES WITH SPINACH, RICOTTA, PECORINO CREAM SAUCE | |
| RISOTTO OF THE DAY | DAILY |
| PASTA SPECIAL | DAILY |

GLUTEN FREE PASTA/PIZZA AVAILABLE ON REQUEST

12" WOODFIRE THIN BASED

www.loughton-life.co.uk

ITALIAN PIZZAS

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| MARGHERITA | £6.25 |
| CHERRY TOMATO, MOZZARELLA, FRESH BASIL | |
| FUNGHI | £7.25 |
| TOMATO, MOZZARELLA, FIELD & WOODLAND MUSHROOM | |
| ALLA VERDURA | £7.95 |
| FRESH TOMATO, MOZZARELLA, AUBERGINE, COURGETTE, ONION, ASPARAGUS, PECORINO CHEESE | |
| NETTUNO | £8.25 |
| TOMATO, MOZZARELLA, TUNA, SPINACH, OLIVE, ONION, FRIED EGG | |
| DOUBLE PEPPERONI PLUS | £8.95 |
| TOMATO, MOZZARELLA, DOUBLE PEPPERONI, PANCETTA, SALAMI, RED ONION, CHILLI | |
| POLLO AFFUMICATO | £8.95 |
| TOMATO, MOZZARELLA, SMOKED CHICKEN, SMOKED TURKEY, SMOKED MOZZARELLA, RED ONION | |
| PIZZA SPECIAL | DAILY |
| EXTRA TOPPINGS | @ £1.15 |
| ONION, TUNA, PEPPERONI, HAM, PINEAPPLE, SWEETCORN, OLIVES, MUSHROOM, AUBERGINE, EGG, COURGETTE, SPINACH, | |
| ASPARAGUS, PRAWN, PROSCUITTO | @ £1.50 |

GRILLS

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|---------------------------------|--------|
| 8OZ (220G) SIRLOIN STEAK | £12.50 |
| SERVED WITH CHIPS OR SALAD | |
| GRILLED FISH OR MEAT OF THE DAY | DAILY |
| SERVED WITH CHIPS OR SALAD | |

SIDE ORDERS

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|----------------------------|-------|-------------------|-------------|
| FRIES | £2.50 | MIXED SALAD | £2.95 |
| THICK CHIPS | £2.50 | HOUSE SALAD | £4.95/£7.95 |
| TOMATO, FETA & OLIVE SALAD | | | £4.25/£6.25 |
| DIPS - BBQ, | | CAESAR | £4.25/£6.25 |
| MAYONNAISE | | CAESAR + CHICKEN | £4.50/£8.00 |
| OR HOT CHILLI 85P each | | ROCKET + PARMESAN | £3.65 |

DRESSINGS - TUSCANY GARLIC, BALSAMIC, FRESH BASIL -
AVAILABLE FOR TAKEAWAY 250ML - £2.50

ALL PRICES INCLUDE V.A.T - A SUGGESTED DISCRETIONARY 10% TIP WILL BE ADDED TO THE BILL

GOURMET BURGERS

www.loughton-life.co.uk
(WITH A HINT OF ITALY)

OUR HAND MADE BURGERS ARE MADE FROM ONLY
THE BEST QUALITY ENGLISH BEEF AND WITH BURGERS
THIS GOOD WE ONLY ADD SEASONING ALL OUR BURGERS
WILL BE WELL COOKED UNLESS ORDERED OTHERWISE

TUSCANY CLASSIC £6.25

6OZ (165g) OF PURE ENGLISH BEEF, TUSCANY RELISH,
MAYO, LETTUCE, TOMATO, RED ONION, SEEDED BAP

TUSCANY CLASSIC CHEESEBURGER £6.50

6OZ (165g) OF PURE ENGLISH BEEF, AGED CHEDDAR,
TUSCANY RELISH, MAYO, LETTUCE, TOMATO, RED ONION,
ONION BAP

SMOKED BACON CHEESEBURGER £6.95

6OZ OF PURE ENGLISH BEEF, RASHERS OF SMOKED BACON,
AGED CHEDDAR, TUSCANY RELISH, MAYO, LETTUCE,
TOMATO, RED ONION, ONION BAP

CHICKEN TRICOLORE BURGER £7.95

GRILLED CHICKEN ESCALOPE, FRESH BASIL PESTO,
MOZZARELLA, TOMATO, MAYO, SEEDED BAP

JERK CHICKEN BURGER £7.95

GRILLED JERK SPICED CHICKEN ESCALOPE, SPICY RELISH,
LETTUCE, TOMATO, RED ONION, MAYO, ONION BAP

SALMON AND PRAWN BURGER £9.95

GRILLED SALMON FILLET, TIGER PRAWNS, MAYO, LETTUCE
TOMATO, RED ONION, SEEDED BAP

VEGGIE BURGER £6.95

SPICED CHICKPEA FALAFEL, FIELD MUSHROOM, HOUMOUS,
MAYO, LETTUCE, TOMATO, RED ONION, ONION BAP

TUSCANY WORKS £9.95

10OZ (275g) OF PURE ENGLISH BEEF, RASHERS OF
ITALIAN BACON, AGED CHEDDAR, FIELD MUSHROOMS,
TUSCANY RELISH, MAYO, LETTUCE, TOMATO,
RED ONION, ONION BAP



OUR KIDS MEALS INCLUDE A PIZZA OR PASTA (EXCLUDING DIY PIZZA)
OR A BURGER IN A SESAME BAP WITH CHIPS AND A DIY ICE CREAM

CLASSIC £5.25

40Z (110g) BURGER, LETTUCE, TOMATO

CHICKEN £5.25

CHARGILLED CHICKEN, MAYO, LETTUCE, TOMATO

PASTA £5.25

CHOICE OF SPAGHETTI, PENNE, SHELLS, FUSILLI
TOMATO, BOLOGNESE, CARBONARA, CHEESE

PIZZA £5.25

CHEESE AND TOMATO WITH A CHOICE OF 2
TOPPINGS MUSHROOM, OLIVES, PINEAPPLE, HAM,
PEPPERONI, SWEETCORN, TUNA

DIY PIZZA £4.95

MAKE YOUR OWN - ALL WE DO IS COOK IT

MILKSHAKES AND DESSERTS

ICE CREAM MILKSHAKE £1.95

CHOCOLATE, BANANA, STRAWBERRY,
VANILLA, CARAMEL, COFFEE

MALTED MILKSHAKE £2.25

CHOCOLATE, VANILLA

ADULT ALCOHOLIC SHAKES £3.95

PLEASE ASK YOUR SERVER FOR FLAVOURS

TUSCANY ICE CREAM/SORBET £4.00

(3 SCOOPS)

BAILEYS TIRAMISU £4.50

CHOC CHIP COOKIE DOUGH PIZZA £4.50

DOUBLE CHOCOLATE FUDGE CAKE £4.50

(SERVED WITH A SCOOP OF ICE CREAM)

EVERYTHING BUT THE KITCHEN SINK £10.50

(2 PERSONS OR MORE)

COFFEE £1.75

CAPPUCCINO, MOCHA, LATTE,
DECAF, ESPRESSO, FILTER
MACCHIATO, HOT CHOC
DOUBLE ESPRESSO £1.95
ADD A FLAVOUR TO COFFEE £0.50
LIQUEUR COFFEE £3.50

TEA £1.75

TEA, HERBAL, FRUIT, MINT

LUXURY HOT CHOCOLATE £2.50

WHIPPED CREAM, MARSHMALLOW

MINERALS £1.95

CAN DIET COKE, COKE, 7UP
TANGO ORANGE
STILL/SPARKLING WATER BTL

JUICES £1.95

MANGO, ORANGE, APPLE, PEAR
PINEAPPLE, PEACH, GRAPEFRUIT
TOMATO, CRANBERRY, APRICOT
STRAWBERRY, BLACKCURRANT

BEERS £2.95

NASTRO AZZURO
RED PERONIRIN ICHIBAN
(500ml) £4.75

SPIRITS FROM £2.50

LIQUEURS FROM £2.75

CHAMPAGNE

| | GLS | BTL |
|---------------|-------|--------|
| HOUSE | £7.00 | £29.95 |
| KIR ROYAL | £7.50 | |
| HOUSE ROSE | | £35.00 |
| VEUVE CLIQUOT | | £45.00 |

WHITE WINE

| | GLS | LGE | BTL |
|-----------------------|--------|-------|--------|
| HOUSE | £3.00 | £4.25 | £11.95 |
| FRASCATI | 1/2BTL | £8.00 | £12.50 |
| PINOT GRIGIO | £3.75 | £4.95 | £14.50 |
| VERDICCHIO CLASSICO | | | £13.95 |
| SOAVE CLASS | 1/2BTL | £9.00 | £15.50 |
| PINOT GRIGIO BRUNESCA | | | £17.50 |
| PINOT ROSE | £3.75 | £4.95 | £15.95 |

RED WINE

| | GLS | LGE | BTL |
|------------------|--------|--------|--------|
| HOUSE | £3.00 | £4.25 | £11.95 |
| NEGROAMARO | | | £12.50 |
| CHIANTI | | | £15.50 |
| VALPOLICELLA | 1/2BTL | £8.50 | £18.00 |
| CHIANTI CLASSICO | 1/2BTL | £11.95 | £18.95 |
| BARBERA D'ALBA | | | £22.00 |
| VIN SANTO | | | £5.00 |