



Chong's
Restaurant

www.loughton-life.co.uk

Still the best Chinese cuisine for miles, and still the best value!



Emperor's Menu

Our Emperor's Menu offers great value for money

Order and eat as much as you like!

Choose from over 100 dishes available every day (incl. Bank Holidays)

only ~~£15.50~~ per person

±16.50

Special Lunch Menu

Only ~~£5.00~~ per person

±6.50

Monday to Saturday 12noon - 2.15pm

Sunday Special Emperor Lunch Menu

Order & eat as much as you like
Choose from 60 dishes

Adult £9.50 • Children under 10 £5.00

For 2 or more people

FREE Dairy Ice Cream

From noon til 4.00pm

For reservations please telephone: 020 8532 0442



Peking, Szechuan and
Cantonese Specialities



A local favourite for
over ten years



An adventure in
Chinese Cuisine



Chong's
Restaurant



Takeaway service available
with FREE delivery

WITHIN 2 MILES

020 8502 0008

020 8508 2436



For reservations please
telephone 020 8532 0442

Starters

2	Mixed Hors-D'oeuvres	£4.50
	Combination of Chef's selection of starters (minimum for 2 or more, price per person)	
3	Crispy Seaweed	£3.20
4	Sweet & Sour Wanton	£2.50
5	Grilled Dumplings (5)	£3.50
6	Crispy Spring Rolls	£2.50
6a	Curry Triangle	£2.50
7	Peking Style Ribs	£4.00
8	Ribs with Garlic & Chilli	£4.00
9	Satay Chicken	£4.00
10	Sesame Chicken	£4.00
11	Satay King Prawns	£4.50
12	Garlic & Butter King Prawns	£4.50
13	Hot Poached King Prawns	£4.50
14	Breaded King Prawns	£4.50
15	Deep Fried Squid	£4.50
16	Garlic & Chilli Squid	£4.50
17	Garlic Chilli Chicken Wings (5)	£3.00
18	Stuffed Crab Claws	£4.50
19	Mussels in Black Bean Sauce	£4.50
20	Bang-Bang Chicken	£4.00
21	Smoked Shredded Chicken	£4.00
22	Garlic & Chilli Pork Chop	£4.50
23	Mandarin Pork Chop	£4.50
24	Sesame Prawn Toast	£4.50

Soup

25	Chicken & Sweetcorn Soup	£2.50
26	Crab & Sweetcorn Soup	£3.00
27	Hot & Sour Soup	£2.50
28	Wonton Soup	£2.50
29	Vegetable Soup	£2.50
30	Mixed Meat Soup	£2.50
31	Mixed Seafood Soup	£3.00

Lamb

32	Lamb with Ginger & Spring Onions	£4.50
33	Satay Lamb	£4.50
34	Mongolian Lamb	£4.50
	served with lettuce & sweet chilli	

Duck

35	Crispy Aromatic Duck	quarter	£6.50
36	served with pancakes plum sauce & trimmings	half	£12.00
37		whole	£21.00
38	Duck with Pineapple & Onions		£5.50
39	Duck with Lemon Sauce		£5.50
40	Duck with Orange Sauce		£5.50
41	Duck with Pickled Ginger		£5.50
42	Duck with Beansprouts		£5.50
43	Roast Duck		£5.50
44	Duck in Black Bean Sauce		£5.50
45	Duck with Ginger & Spring Onions		£5.50

Chicken

46	Sweet & Sour Chicken	£4.20
47	Chicken in Black Bean Sauce	£4.20
48	Chicken with Cashew Nuts	£4.20
49	Chicken in Lemon Sauce	£4.20
50	Chicken in Orange Sauce	£4.20
51	Chicken with Pineapple & Onions	£4.20
52	Ocean Flavoured Chicken (spicy)	£4.20
53	'Kung Po' Chicken (sweet & chilli)	£4.20
54	Spicy Chicken with Peppers	£4.20
55	Chicken with Ginger & Spring Onions	£4.20
56a	Chicken with Mushroom	£4.20
56b	Szechuan Style Chicken	£4.20

Pork

57	Sweet & Sour Pork	£4.20
58	Szechuan Style Pork	£4.20
59	Pork in Black Bean Sauce	£4.20

Beef

60	Beef with Black Bean Sauce	£4.20
61	Crispy Shredded Beef	£4.20
62	Szechuan Beef	£4.20
63	Beef with Ginger & Spring Onions	£4.20
64	Beef with Mushrooms	£4.20
65	Beef with Mangetout	£4.20
66	Fillet steak in Black Pepper	£6.50
67	Fillet Steak Mandarin (sweet & tangy)	£6.50

Seafood

68	Sweet & Sour King Prawns	£5.00
69	Prawns with Black Bean Sauce	£5.00
70	King Prawn Balls (8)	£5.00
71	King Prawns Szechuan Style (chilli)	£5.00
72	King Prawns with Cashew Nuts	£5.00
73	King Prawns with Pineapple & Onions	£5.00
74	'Kung Po' King Prawns Sweet & Chilli	£5.00
75	King Prawns with Seasonal Vegetables	£5.00
76	King Prawns Steamed with Garlic	£5.00
77	King Prawns with Garlic & Chilli (dry)	£5.00
78	King Prawns with Ginger & Spring Onions	£5.00
79	King Prawns Peking Style	£5.00
80	Fish Fillets Sweet & Sour	£5.50
81	Fish Fillets Peking Style	£5.50
82	Fish Fillets in Chinese Wine	£5.50
83	Scallops with Cashew Nuts	£6.00
84	Scallops with Bamboo Shoots	£6.00
85	Scallops Deep Fried	£6.00
86	Scallops Szechuan Style	£6.00
87	Squid with Bamboo Shoots	£5.00
88	Squid in Black Bean Sauce	£5.00
89	Mixed Seafood with Ginger & Onions	£6.00

Curries

90	Special Curry	£5.00
91	King Prawn Curry	£5.00
92	Chicken Curry	£4.50
93	Beef Curry	£4.50
94	Roast Pork Curry	£4.50
95	Shrimp Curry	£4.50
96	Vegetable Curry	£4.50

Vegetables

97	Mixed Vegetables	£3.50
98	Seasonal Vegetables	£3.50
99	Monk's Vegetables	£3.50
100	Bamboo Shoots & Mushrooms	£3.50
101	Stir Fried Beansprouts	£3.50
102	Beancurd with Spicy Sauce	£3.50

Rice

103	Boiled Rice	£1.80
104	Egg Fried Rice	£2.00
105	Chicken Fried Rice	£3.00
106	Roast Pork Fried Rice	£3.00
107	King Prawn Fried Rice	£3.80
108	Shrimp Fried Rice	£3.00
109	Special Fried Rice	£3.50

Noodles

110	Noodles with Beansprouts	£2.50
110a	Noodles without Beansprouts	£2.50
111	Noodles with Chicken	£3.20
112	Noodles with Beef	£3.20
113	Noodles with Roast Pork	£3.20
114	Noodles with Shrimps	£3.20
115	Noodles with King Prawns	£3.80
116	Chong's House Noodles	£4.20
117	Singapore Rice Noodles	£3.80
117a	Special Fried Noodles	£3.50
117b	Singapore Shrimp Rice Noodles	£3.50
117c	Singapore Vegetarian Rice Noodles	£3.50

Extras

Soft Drinks (Cans)	£0.60
Sauces (Sweet & Sour, Curry, Satay & Duck)	£1.20
Duck Pancakes (6)	£1.80
Prawn Crackers	£1.00

Chong's
Take Away
Selection

Free delivery service available for order over:

£12 or more (Sunday-Thursday)

£15 or more (Friday & Saturday)

within 2 miles between 6pm-10pm

Other times subject to availability

Cash only for deliveries

All credit and debit cards accepted for collection